



Urine Collection for Cytology

About your Test

- Your health professional has requested tests which require you to collect a sample of your urine each day for 1, 2 or 3 days. Your health professional will clarify the number of samples required.
- You will need to obtain a specimen container and a collection bag from your health professional or from Southern Community Laboratories. If you are required to collect 2 or 3 samples, you will require 2 or 3 containers. Each sample must be delivered to your health professional for Southern Community Laboratories on the day collected.
- If you are unable to deliver your sample to Southern Community Laboratories each day as soon as possible following collection, you may be provided with containers with a small amount of clear liquid fixative in them (see NOTE below).

The Procedure

1. In the morning, pass urine into the toilet emptying your bladder completely.
2. Have a large drink of water, then collect some of the next urine that you pass into the specimen container. Try and half fill the container.
3. Screw the lid on the container firmly.
4. Write your full name, date of birth, and date and time of collection on the container label.
5. Store your sample in a cool place (not your fridge), and deliver to the laboratory as soon as possible.

NOTE: The container you are given may contain a fixative, if so you may pass urine directly into the fixative.

The fixative is **POISONOUS** – **DO NOT TOUCH IT**, and **DO NOT** allow children access to the container(s).

Reminder: Have you labelled the container?